



SCOTT COUNTY HEALTH DEPARTMENT PUBLIC HEALTH CONNECTION

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Preparing Your Child for Preschool/School



Does summer seem to be flying by? Get ready for school NOW so you can enjoy the rest of your summer!

It might seem like school just got out, but actually it's closer than we think! NOW is a good time to make an appointment to see your child's provider to prepare your student for preschool/school in the fall. Waiting to schedule an appointment with a provider late in the summer or right before school starts in the fall can be difficult as appointment slots are filled and often unavailable. This might mean your child cannot start school on the first day if requirements are not met.

Your preschooler will need to provide the childcare provider with a physical (new every year) as well as an immunization record that meets the Iowa requirements. All students (preschool-12th grade) must also provide their school a record on an Iowa certificate that meets the Iowa immunization laws or have a valid certificate of exemption or provisional certificate of immunization.

In addition, vision screenings are required for kindergarten and third grade students. Did you know that 80% of learning is visual? It's important that your child's vision has been checked.

Students entering kindergarten also need a dental exam and should have been tested for lead poisoning at least once since birth. Lead poisoning can cause learning problems, which can affect their success in school.

If you don't have a medical provider or a dentist, you can call the Scott County Health Department at 563-326-8618 and staff can provide you with resources. Getting ready to send children to school (or back to school) can seem very burdensome. Taking care of these things now can really lighten the load and allow you to enjoy the rest of your summer!

To learn more about Iowa immunization requirements, visit:
<https://hhs.iowa.gov/health-prevention/vaccines-immunizations>.



Summer Sun and Heat Safety

Spending time outdoors this summer? Make plans to protect yourself from the sun and heat before you step outside.

UV rays come from the sun, and too much exposure can damage skin and lead to skin cancer. The UV Index lets us know how strong the UV rays are each day. If the UV index is 3 or higher, skin protection is needed. Seek shade, wear sun-protective clothing including hats and sunglasses, and apply sunscreen with an SPF 15 or higher. Reapply sunscreen if you are out in the sun for more than 2 hours and after swimming, sweating, or toweling off.

To learn more ways to protect yourself and your family, visit CDC's [Sun Safety Facts](#).

Extreme heat, 2-3 days or more of temperatures above 90 degrees and high humidity, can cause heat related illnesses. Some people are at greater risk, including pregnant women, older adults, young children, and those with other health conditions, like asthma or heart disease. Before an extreme heat event, prepare your living space to keep the heat out and know where you can go to cool off. During extreme heat, drink plenty of fluids, take breaks, seek shade, and watch for signs of heat related illness. Check on others who may be at higher risk.

For more information and tips, visit [Ready.gov/heat](#).



Upcoming Events

- 7/3/2026: Scott County Health Department closed in recognition of Independence Day.
- 7/16/2026, 12:00 PM: Scott County Board of Health Meeting, Scott County Administrative Center, 1st Floor Boardroom

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Our priority.