

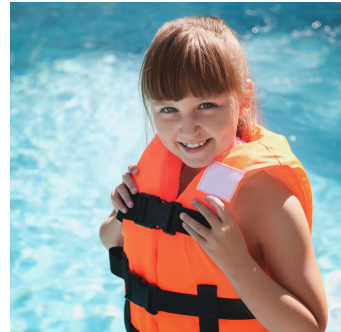


SCOTT COUNTY HEALTH DEPARTMENT PUBLIC HEALTH CONNECTION

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Healthy and Safe Swimming



The Scott County Health Department inspects public pools in Clinton, Jackson, Muscatine, and Scott Counties. Our inspectors check for safety and sanitation required by the State of Iowa. We look for lifesaving equipment, safety signs, and clean, safe water. These inspections are a snapshot in time. Here's what you can do to swim safely every day.

You can help keep your family safe by doing your own safety checks.

- Is the water cloudy? Cloudy water indicates the water is not safe. Do not get in.
- Look for the bottom drain. Is the cover missing or broken? If so, report it and do not enter the water.
- Watch your children closely even if there are lifeguards. Keep children under 5 within an arm's reach.
- More children ages 1-4 die from drowning than any other cause. Drowning can happen quickly and quietly. It can happen to anyone, anytime there is access to water.
- Life jackets can prevent drowning. Water wings and other floaties are not meant to keep swimmers safe.
- Enroll children in formal swimming lessons.
- Know the rules. Read the signs. No running, no rough play, and no diving in shallow water.

Take steps every time you swim to prevent swimming-related illnesses.

- Stay out of the water if you are sick with diarrhea.
- Don't swallow the water.
- Take kids on frequent bathroom breaks.
- Change diapers away from the water to keep germs from getting in.
- Wash your hands for 20 seconds before eating. If soap and water are not available, wipe off dirt and use hand sanitizer.

Safety tips for kiddie pools:

- Empty and clean small kiddie pools each day.
- Remove debris and rinse off dirt with fresh water. Let the pool air dry.
- Do not use kiddie pools with large groups of children.
- If a child has an accident, scoop the solids with a net and flush or put in a garbage bag.
- Disinfect the net in a bucket of water with bleach added per label instructions.
- Wash your hands.



National CPR & AED Awareness Week

June 1-7, 2026

Each year, the American Heart Association and organizations spotlight how lives can be saved by CPR and AED's during the first week of June. Cardiac arrest happens when the entire heart stops beating and can happen anywhere, to anyone, at any time. Immediate bystander CPR can double or even triple a victim's chance of survival. That's why the Quad Cities HEARTSafe Coalition provides free Hands-Only CPR & AED trainings to empower and increase bystander CPR to save more lives. SCHD is proud to be part of this coalition.

Why Hands-Only CPR?

Hands-Only CPR is CPR without mouth-to-mouth breaths. It is just as effective as CPR with rescue breaths for teens and adults in cardiac arrest. It is recommended for use by people who see a teen or adult suddenly collapse in an "out-of-hospital" setting, such as at work, home, or in a park.

Hands-Only CPR consists of two easy steps:

1. **Call 911.**
2. **Push hard and fast.** During CPR, you should push at the center of the chest at a rate of 100 to 120 compressions per minute.

Learn more and schedule a free Hands-Only CPR & AED training at gcheartsafe.org.

TWO STEPS TO SAVE A LIFE



Upcoming Events

- June 18, 2026, 12:00 PM: Scott County Board of Health Meeting, Scott County Administrative Center, 1st Floor Boardroom

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Our priority.