# **PUBLIC HEALTH CONNECTION**



## **Tobacco Use in the QC**

#### **Tobacco Use in the Quad Cities**

The 2024 Community Health Assessment reported that 19.1% of adults currently smoke cigarettes either every day or some days. While tobacco use in the QC area has declined from the 2021 assessment, the average is still higher than the Iowa and Illinois state average. Those who are more likely to report smoking cigarettes are adults younger than 65, those with lower incomes, and Black residents. Of those who reported cigarette use, 25.5% are among households with children. Secondhand smoke exposure to children can put them at risk for asthma attacks, acute respiratory infections, and slowed lung growth. In the United States, smoking is directly responsible for approximately 90% of lung cancer deaths and 80% of deaths caused by chronic obstructive pulmonary disease (COPD).

#### What can we do?

The Scott County Health Department provides tobacco and vaping education to adults at various locations in Scott County. Education can be provided to businesses, behavioral health centers, workplaces, and many more!

#### Resources

Quitline Iowa is a free resource that is available 24/7. Adults are able to either call, text, or chat on their website to connect to a quit coach to help create a plan to overcome urges to use tobacco or nicotine products. After completing the program, adults can quality for free nicotine replacement therapy! To learn more, visit quitlineiowa.org.

Call: 1-800-QUIT-NOW Text: Text "START" to 300500



#### **OUR MISSION:**

The Scott County
Health Department
promotes, protects,
and preserves health
through leadership,
services, education,
and partnerships.

#### **OUR VISION:**

Scott County —
A safe and healthy community.



### SPECIAL EVENTS

- Presentation of Scott County Cancer Data,
   Virtual Meeting, 3-4:30 PM, Wednesday,
   November 5, 2025. Register at:
   https://canceriowa.news/scott
- SCHD will be closed Tuesday, November
   11, 2025 in observation of Veteran's Day.
- Scott County Board of Health Meeting, Scott County Administrative Center, 1st Floor Boardroom, 12:00 PM, Thursday, November 20, 2025.
- SCHD will be closed Thursday, November 27 and Friday, November 28, 2025 in observation of Thanksgiving.

## Links

- Quitline Iowa: <u>quitlineiowa.org</u>
- Tobacco Use in the Quad Cities:
  - 2024 Community Health Assessment
  - https://www.lung.org/quitsmoking/smoking-facts/healtheffects/smoking
  - https://www.cdc.gov/tobacco/ secondhand-smoke/health.html
- Healthy and Well Kids in Iowa (Hawki): <u>hhs.iowa.gov/programs/welcome-iowa-medicaid/iowa-health-link/hawki</u>



#### Hawki Offers Affordable Health and Dental Insurance for Eligible Iowa Families

It's health insurance open enrollment season! Are you looking for coverage for your family? The Healthy and Well Kids in Iowa (Hawki) program may be a helpful health and dental insurance option for your children and teenagers (ages 1 through 18 years). Hawki is Iowa's version of the federal Children's Health Insurance Program (CHIP). It covers a wide range of services, including doctor visits; hospital services; vision, dental, and hearing exams; vaccines and prescriptions; plus mental health care, substance use support, and more. With Hawki, no family pays more than \$40 per month. Some families pay nothing at all, and many working families are eligible. As of April 1, 2025, a family of four can earn up to \$97,093 per year and still qualify for benefits.



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