

# PUBLIC HEALTH CONNECTION



## Age One Dental Visits

### Why it matters

Cavities in young children are a big deal. If left untreated, they can lead to pain, difficulties eating or speaking, and life-threatening infections. Experts recommend that the first dental visit occur by age one for good reasons. It allows for prevention and early identification of dental disease, so that simple cavities can be stopped with simple techniques like applying fluoride varnish or silver diamine fluoride.

### What to expect at the dental office

Dental visits for infants and toddlers tend to go much quicker than an appointment for an older child or adult. Many dental offices have tours or photos of their office on their websites if you would like to be familiar with the setup prior to arrival. Keep a positive attitude before the appointment. No negative talk! Let your child bring their favorite stuffed animal, pick their favorite songs to play on the car ride over, or discuss plans for a small reward afterwards. Remember that kids will be kids. It's OK that they are nervous doing something new. The next appointment should be easier once they have seen the dentist, staff and office.

### Finding dental care

Your insurance plan is a good place to start when looking for a dentist. Call the number on your card or visit their website to see who participates. If you encounter difficulties finding a dentist, the I-Smile™ program at the Scott County Health Department is here to help. Call 563-328-4114 or visit <https://ismile.idph.iowa.gov>.



### OUR MISSION:

The Scott County Health Department promotes, protects, and preserves health through leadership, services, education, and partnerships.

### OUR VISION:

Scott County—  
A safe and healthy  
community.



## SPECIAL EVENTS

- *SCHD will be closed on Monday, July 4, 2022 in observation of Independence Day.*
- *Scott County Board of Health Meeting, Scott County Administrative Center, 1st Floor Boardroom, 12:00 PM, Thursday, July 21, 2022.*

## Links

### I-Smile™ at SCHD

[scottcountyiowa.gov/health/oral-health/i-smile](http://scottcountyiowa.gov/health/oral-health/i-smile)

### American Association of Pediatric Dentistry

[MyChildrensTeeth.org](http://MyChildrensTeeth.org)

### American Dental Association

[MouthHealthy.org](http://MouthHealthy.org)

### Firework Safety

- [Fireworks Safety Tips - National Safety Council | nsc.org](http://Fireworks Safety Tips - National Safety Council | nsc.org)
- [Fireworks | CPSC.gov](http://Fireworks | CPSC.gov)

## Firework Safety

### Celebrate Safely

Fourth of July gatherings often include celebrating with displays of fireworks. While fireworks may be fun and exciting, they can also be extremely dangerous. It's important to follow basic safety guidelines when handling all types of fireworks—even sparklers. Recent national data found there were over 1,000 emergency-room injuries for firecrackers and approximately 900 for sparklers in 2020. Fireworks most often cause burns to the hands, head, eyes, legs, and arms.

### To avoid injury, follow these tips:

- Light fireworks one at a time, then move away quickly
- Never point or throw fireworks at anyone
- Never place any part of your body directly over a fireworks device when lighting the fuse



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