

PUBLIC HEALTH CONNECTION



I-Smile™ Silver CASI Partnership

The Mouth Body Connection

The Center for Active Seniors, Inc. (CASI) recently hosted I-Smile™ Silver for an educational event! Carole Ferch, RDH, the I-Smile™ Silver Coordinator has worked with CASI in different capacities over the past years, but this is the first time presenting and engaging with members at their beautiful facility on Kimberly Road in Davenport.

As we looked at the beginning of the “practice of dentistry” in a barber shop...yes barber shop (the red and white pole outside the office was a sign that the barber would extract teeth!) and moved into modern dentistry, the group at CASI learned about the mouth body connection. Here is what we know in modern day dentistry:

- *The health of our mouths can impact the rest of the body*
- *Systemic health can impact oral health.*
- *Problems in the mouth can negatively affect a person’s overall health and wellness.*

Starting on July 15th, I-Smile™ Silver will be providing free oral health screenings on the third Friday of each month from 11:00am to 12:00pm. This service will be provided in the multipurpose room to CASI members and is open to the community at large. Please stop by and tell everyone you know!



OUR MISSION:

The Scott County Health Department promotes, protects, and preserves health through leadership, services, education, and partnerships.

OUR VISION:

Scott County—
A safe and healthy
community.



SPECIAL EVENTS

- *Scott County Board of Health Meeting, Scott County Administrative Center, 1st Floor Boardroom, 12:00 PM, Thursday, June 16, 2022.*

Links

- [I-Smile™ Silver Program](#)
- National Program for Playground Safety (NPPS): <https://playgroundsafety.org/>



Playground Safety

Children love to spend time outdoors and playgrounds provide community spaces for families and friends to play and learn together. Active outdoor play supports a child's physical, social, emotional, and intellectual growth. Unfortunately, playgrounds can also lead to injuries, with more than 200,000 US children requiring medical treatment from playground injuries each year. To prevent playground injuries and encourage safe behavior, the National Program for Playground Safety (NPPS) has developed the S.A.F.E.™ Framework for playground safety:

- S** = Supervision: Children need adult supervisors who are alert, aware of risks, and ready to respond to unsafe play.
- A** = Appropriate Environments: Children should play on equipment that fits their size and abilities.
- F** = Fall Surfacing: Playground equipment needs safe surfacing under and around it to protect children from fall related injuries.
- E** = Equipment Maintenance: Routine maintenance of playground equipment and spaces reduces the risk of injury and will prolong the life of the playground.

The components of this research-based model work together to create and maintain safe play spaces for children. Everyone from visitors to maintenance staff can help keep spaces safe for children. Use NPPS's Playground Report Card to score your outdoor play space and work to make improvements.



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