

PUBLIC HEALTH CONNECTION



COVID-19 and Holidays

This Year is Different

The holidays may look a little different this year, as they should during a global public health pandemic. Although large family gatherings and other big indoor activities are considered high risk this year, yearly traditions can be honored, and family can be enjoyed (from afar), just on a smaller scale.

Celebrate Differently

This year, find ways to minimize your risk of spreading or contracting COVID-19. A few simple tips include:

COVID-19 & Holidays

SCHD's Holiday Recommendations:

Celebrate:

- > In your town/in your home
- > With members of your own household
- > Virtually with other family & friends
- > Shop local using online/curbside pick-up

Keep your brain health in mind as you plan for changes to your holiday routines. 2020 has been anything but easy, and it is okay to mourn what you are missing out on this time of year. Remember to: take care of your emotional health, take care of your body, and take breaks from watching or listening to news stories: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>.



OUR MISSION:

The Scott County Health Department promotes, protects, and preserves health through leadership, services, education, and partnerships.

OUR VISION:

Scott County—
A safe and healthy community.

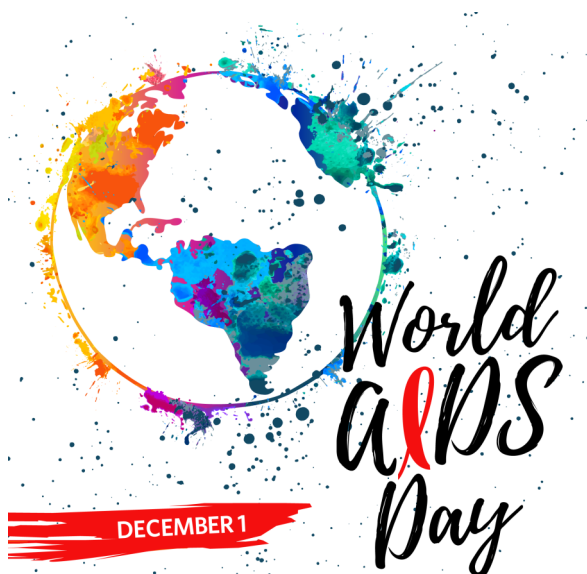


SPECIAL EVENTS

- *Scott County Board of Health Meeting, Via WebEx, 12:00 PM, Thursday, December 17, 2020.*
- *Scott County Health Department will be closed on December 24th and 25th for the Christmas holiday.*

Links

- [SCHD's Winter Holiday Guidance Ending the HIV Epidemic](#)



World AIDS Day

Ending the HIV Epidemic : Resilience and Impact

World AIDS Day, first observed in 1988, is an opportunity for organizations and individuals around the world to bring attention to the HIV epidemic, endeavor to increase HIV awareness and knowledge, speak out against HIV stigma, and call for an increased response to stop new HIV infections and ensure that people living with HIV receive care. In the United States, the “Ending the Epidemic” plan (see link to learn more) will be implemented with the goals of a 75% reduction in new HIV infections by 2025 and a 90% reduction by 2030. Resources will be focused on geographic locations and demographic communities most impacted by HIV.

Epidemic in a Pandemic

In other years, Health Department staff organized special testing events for World AIDS Day. This year, the focus will shift to messaging that fights HIV stigma and encourages testing. In addition, appointments for free HIV testing on the morning of December 1st will be available before regular STD clinic hours. Call us at 563-326-8618 to schedule an appointment for testing.



Scott County Health Department
Scott County Administrative Center, 4th Floor
600 West 4th Street Davenport, Iowa 52801-1030
Phone: 563-326-8618 | Fax: 563-326-8774
Email: health@scottcountyiowa.gov
Website: www.scottcountyiowa.gov/health
Follow us on: [Facebook](#) | [Twitter](#) | [Instagram](#) | [Pinterest](#)



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