## PUBLIC HEALTH CONNECTION



# **Maternal Health Program**

#### **Now Offering Services**

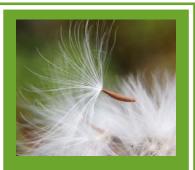
This month, Scott County Health Department (SCHD) begins offering Maternal Health nursing and dental services through a partnership with Community Health Care, Inc. (CHC). Now co-located with CHC-Edgerton's obstetric/gynecology and WIC clinics on Tuesdays, the SCHD Maternal Child and Adolescent Health (MCAH) nurse will offer education, breastfeeding support, and help with any problems. Women and their children who come along to the clinic will be offered dental screenings and care coordination by the MCAH nurse or I-Smile™ Coordinator. The MCAH program prioritizes the family as the unit of service. Care coordination helps families overcome barriers to accessing care, and MCAH staff can even offer assistance applying for Medicaid (presumptive eligibility determinations) if needed. These services are designed to help women and infants stay healthy during the childbearing year and beyond.

#### **Supporting Breastfeeding Mothers**

Breastfeeding benefits both mothers and infants. Mothers' milk is perfectly designed to nourish babies and support their developing immune systems. Breastfeeding hormones help calm new moms and encourage bonding with her child. As a registered nurse and Certified Lactation Consultant, the MCAH nurse can help women learn the art of breastfeeding with all its joys and challenges.

A special feature of the MCAH services at CHC-Edgerton will be the breastfeeding classes and lactation support offered. Please contact the MCAH nurse for details if interested. The program helps moms and babies get off to a healthy start!

Call the Maternal Health program at 563-214-6511.



#### **OUR MISSION:**

The Scott County
Health Department
promotes, protects,
and preserves health
through leadership,
services, education,
and partnerships.

#### **OUR VISION:**

Scott County—
A safe and healthy community.



#### SPECIAL EVENTS

- Scott County Health Department will be closed Wednesday, July 4th in observance of Independence Day.
- Scott County Board of Health Meeting, Scott County Administrative Center, 1st Floor Boardroom, 12:00 PM, Thursday, July 19, 2018.

### Links

#### **Breastfeeding-American Academy of Pediatrics:**

www.healthychildren.org/English/ages-stages/ baby/breastfeeding/Pages/default.aspx

Maternal Health in Iowa: https://idph.iowa.gov/

family-health/maternal-health

Fireworks Safety: www.scottcountyiowa.com/ health/public-safety-program/fireworks-safety

Fireworks Ordinance and Permits: https:// www.scottcountviowa.com/sheriff/fireworks

National Council on Fireworks Safety: http://

www.fireworkssafety.org/safety-tips/

# **Fireworks Safety**

Fireworks season can be a fun time to celebrate freedom with booms and sparkles, but it is important to keep safety in mind. Each year fireworks cause injuries and breathing trouble from the particles in fireworks smoke. Injuries are most common to hands, fingers, face, eyes, and ears. Stay safe this summer!

Follow state and local laws for fireworks. Read package labels for

proper use, and never give fireworks to children. Wear eye protection and have a bucket of water nearby. Use fireworks outdoors in a clear area away from buildings and vehicles. Light one at a time and never re-light a "dud". Instead wait 20 minutes, then soak it in a bucket of water. Finally, be respectful of others. Fireworks are loud, and many people (and pets) are sensitive to them. Follow local noise rules, and quiet-down your activities on time. Learn more from the National Council on Fireworks Safety webpage listed above.

Sound like too much trouble? You can always leave it to the pros and enjoy the show!

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