## SCOTT COUNTY HEALTH DEPARTMENT

# PUBLIC HEALTH

# CONNECTION



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# It Might Be Summer, But Public Health Is Still At Work!

Long summer days are finally here! Time to gather with family and friends to enjoy the outdoors, explore the community, or just to take a break from the daily grind! Public health, however, does not take a summer break. Rest assured, public health is working to protect you against disease and injury.

Check out these public health activities that help keep you healthy and safe this summer and also tips for how YOU can do your part!

#### Mobile Food Stand Inspections.

Do you have plans to dine at the BIX 7 Street Fest or try a new food on a stick at the

Mississippi Valley Fair? Great! SCHD staff will also visit your favorite



mobile stand to check that they are complying with lowa's Food Code. These checks, or inspections, help prevent the spread of foodborne illness by catching possible problems during food handling and preparation.

**Do your part!** As much as 60% of foodborne illness may be from home kitchens. Keep foodborne illness from ruining your picnic by keeping germs away from food. Wash your hands often and separate food as you shop, handle, store, and cook foods. It is also

important to keep hot foods hot and cold foods cold.

#### Mosquito Surveillance

Staff collect mosquitoes from light traps across Scott County and send them off to lowa State University

where they are counted and identified. This information is useful to monitor the mosquito population in Iowa.

**Do your part!** The best way to prevent mosquito born diseases such as West Nile Virus to avoid getting bit! First, reduce mosquito breeding grounds by removing standing water. Next, wear long sleeves and light colored clothing, use bug spray with DEET, and limit your time outdoors during peak mosquito hours (dusk and dawn).

#### Swimming

Have you made a splash at the local pool

yet? It is likely that SCHD staff beat you there. All public pools are inspected to make



sure that safety and sanitation standards are being met.

**Do your part!** Help pool operators keep safe and healthy pool conditions by following pool rules, staying out of the water if you are sick (especially with diarrhea), and washing your hands after using the toilet or changing diapers.

#### Animal Bite Investigation

Even Scott County's furry and winged residents are more active in the summer. Unfortunately, this means more calls

concerning animal bites. SCHD staff work with patients and doctors to determine the risk of rabies, and



the need for rabies shots after a bite has occurred.

**Do your part!** Getting bitten can really take a bite out of your summer. So what can you do? Prevent bites from ALL animals. Even rabid animals can look normal so avoid contact with unknown and wild animals and teach children to stay away from unfamiliar animals. Avoid bats as they are common rabies carriers. Be a responsible pet owner. Have your own pet vaccinated for rabies.

### Have a Safe and Happy Fourth of July!

**Fireworks** displays are among many long standing summer traditions enjoyed year after year all across the country. Unfortunately, many people are also injured while setting off fireworks. The Consumer Product Safety Commission reports that on average 200 people visit the emergency room every day with firework related injuries in the month around the 4th of July holiday.

Here are just a few safety tips can could make all the difference this holiday!

- Never allow children to play with or light fireworks.
- Never try to re-light a dud-firework. Soak the firework in a bucket of water before discarding.
- Don't hold fireworks in your hand or have any part of your body over them when lighting.
- Never throw fireworks or point fireworks at someone.
- Keep a bucket of water or a garden hose handy in case of fire or other mishap.
- Make sure fireworks are legal in your area before buying or using them.
- Light fireworks one at a time then move back quickly.
- Never set off fireworks under the influence of alcohol.



## **Check out these Resources!**

Want to learn more about the topics discussed in this newsletter? Get more information by following these links.

- Food Safety Fact Sheets and Tips: <u>http://www.scottcountyiowa.com/health/food.php</u>
- Mosquito Bite Prevention: <u>http://www.scottcountyiowa.com/health/mosquito.php?page=prevent</u>
- Healthy Swimming: <a href="http://www.cdc.gov/healthywater/swimming/">http://www.cdc.gov/healthywater/swimming/</a>
- Rabies Prevention: <u>http://www.cdc.gov/rabies/prevention/index.html</u>
- Firework Safety: <a href="http://www.cpsc.gov/en/Safety-Education/Safety-Education-Centers/Fireworks/">http://www.cpsc.gov/en/Safety-Education/Safety-Education-Centers/Fireworks/</a>

## MARK YOUR CALENDAR!

- Scott County Health Department will be closed Friday, July 4, 2014 in observation of Independence Day.
- Scott County Board of Health Meeting, Scott County Administrative Center, 1st Floor Boardroom, 12:00 PM Thursday, July 17, 2014.

#### OUR MISSION:

The Scott County Health Department is committed to promoting, protecting and preserving the health of the community by providing leadership and direction as advocates for the individual, the family, the community and the environment we serve.

#### OUR VISION:

As recognized and respected leaders in serving and protecting our citizens, we at the Scott County Health Department are committed to a safer, healthier community and environment. In so doing, we provide a multitude of services with Professionalism, Responsiveness, Involvement, Dedication, and Excellence.

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