



Public Health
Prevent. Promote. Protect.

What is public health?

April is Public Health Month and there is no better time to answer the question, “What is Public Health?”.

This question is easily answered, not by reciting the definition of public health, but by opening your eyes to the public health happening all around you.

During the month of April, Scott County Health Department will be highlighting all of the work being done to prevent disease, protect against injury, and promote healthy environments and behaviors. Each week will be dedicated to a different public health service area. We encourage you to visit us [online](#) and on [Facebook](#) to help you create a picture of public health in Scott County. Look for the red, “This is Public Health” sticker and pictures of public health happening in Scott County!

THIS IS PUBLIC HEALTH.

thisispublichealth.org

Now that you know that public health is happening all around you, we encourage you to find public health in your own daily life. In fact, public health is embedded in your daily routine, and you probably don’t even know it! Here are a few examples to get you thinking!



7:00 AM — You wake up and brush your teeth with water treated with fluoride.

7:30 AM — At breakfast you eat fruit and drink orange juice that have passed inspection.

8:00 AM — You commute to work and buckle your seatbelt to follow laws that support public health.

9:00 AM — Your smoke-free workplace means better air quality.

Noon — You walk during lunch. You know that the CDC recommends 30 minutes of activity a day to keep you healthy.

2:00 PM — You receive your annual flu shot through your company’s worksite wellness program.

5:00 PM — You head to the gym to swim laps in a pool that has been inspected for your health and safety.

7:00 PM— You meet friends for dinner at a restaurant that has passed a food inspection and has a food service license.

10:30 PM — You are asleep, but public health is still on-call to respond to emergencies.



SMOKE FREE



WORK ENVIRONMENT



This is Public Health—Snap It, Share It Photo Contest

Can you picture our community without public health? We sure can’t. In fact, public health is all around us. Help the Health Department bring attention to public health by submitting an actual picture of public health in action. Include a short explanation as to why your photo shows public health.

At the end of the month, we will select a few of the “best” examples to showcase in this newsletter. Find contest forms and directions at www.scottcountyiowa.com/health



Hand washing prevents illness.

This is Public Health!

**THIS IS PUBLIC
HEALTH.**
thisispublichealth.org

OUR MISSION:

The Scott County Health Department is committed to promoting, protecting and preserving the health of the community by providing leadership and direction as advocates for the individual, the family, the community and the environment we serve.

OUR VISION:

As recognized and respected leaders in serving and protecting our citizens, we at the Scott County Health Department are committed to a safer, healthier community and environment. In so doing, we provide a multitude of services with Professionalism, Responsiveness, Involvement, Dedication, and Excellence.

MARK YOUR CALENDAR!

- *Scott County Board of Health Meeting, Scott County Administrative Center, 1st Floor Boardroom, 12:00 PM Thursday, April 17, 2014.*

**SCOTT COUNTY
HEALTH DEPARTMENT**

Scott County Administrative Center, 4th Floor

600 West 4th Street

Davenport, Iowa 52801-1030

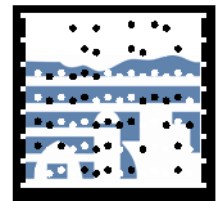
Phone: 563-326-8618

Fax: 563-326-8774

E-mail: health@scottcountyiowa.com

Web site: www.scottcountyiowa.com/health

Facebook: www.facebook.com/scottcountyiowa



If you would like to receive this newsletter electronically, please subscribe to the Public Health Connection at www.scottcountyiowa.com/health/connection or email health@scottcountyiowa.com or call 563-326-8618.



Public Health
Prevent. Promote. Protect.