



Back to School List for a Healthy School Year

School will soon be in session. Scott County Health Department encourages you to think outside the “crayon box” and add these health related items to your back to school lists for a healthy school year.

- ✓ **Emergency Information** – Make sure the school has the most current phone numbers/emergency contact numbers to use if you are not available. Update this information regularly.
- ✓ **Medications** – If your child requires medications during the day, take the medication to school in the original pharmacy labeled container with physician name and instructions. Request two labeled bottles at the pharmacy so you will have one for home and one for school. Written permission from a parent/guardian (some districts/schools will provide a form) is required when requesting medication be given to a child at school.
- ✓ **Asthma Management** – There are laws pertaining to student self-administration of inhalers in school. Obtain the proper form for your child’s asthma medication at your school. If your child carries an inhaler, mark his/her name on the inhaler itself.
- ✓ **Physicals** – Some schools require a physical prior to entering kindergarten. Routine check-ups, called well child exams, are encouraged. Learn about

well child exams at: www.scottcountyiowa.com/health/careforkids.

- ✓ **Immunizations** - Immunizations play an important role in preventing illness and keeping kids in school. Focus on both required and recommended immunizations.



Iowa requires immunizations for students entering kindergarten and those enrolled in preschool or daycare centers who do not have a medical or religious waiver.

Recommended vaccines give added protection against certain illnesses, but are not required for school enrollment. Immunity from some childhood vaccines can decrease over time such as Pertussis. Throughout Iowa and in Scott County, there has been an increase in Pertussis cases. An extra dose of Tdap (Tetanus diphtheria, acellular Pertussis), as a pre-teen may be needed for the best protection. Ask your doctor about Tdap and these other recommended vaccines: HPV (Human Papilloma Virus), Varicella, and Influenza.

For more information about required and recommended vaccines visit:

www.scottcountyiowa.com/health/immunization.

- ✓ **Dental exams** - Visiting the dentist is an important part of preparing for school. Regular check-ups can avoid painful toothaches and reduce the amount of time children miss from school. In Iowa, a dental screening done by a dentist, dental hygienist, physician, physician assistant, or nurse is required for all kindergarten students. For those students entering ninth grade, a dental screening by a dentist or dental hygienist is required. Learn about dental exams and screenings at: www.scottcountyiowa.com/health/ismile.
- ✓ **Eye exams** – These are not required, but a majority of what a child learns is visual, so good eyesight is very important.
- ✓ **Special Health Need** – If your student has a food allergy which requires dietary considerations, diabetes, asthma, epilepsy, or any condition that requires immediate action by school personnel, your child’s school will need to know this information. Alert his/her teacher and determine what resources the school needs to provide necessary help to your child. If there is a nurse at your child’s school, it is best to talk with him/her to create a plan that will best meet your child’s health needs while at school.

Access Your Immunization Records Instantly!

Whether you are preparing to travel overseas, sending your child off to kindergarten, entering college, or just curious about your child’s immunization record—you now have access to view and print it yourself! Iowa’s Immunization Registry System (IRIS) now has a Public Immunization Access Portal. If you live in Iowa, and received immunizations by a provider who uses IRIS, then you may be able to access your record with the click of a button. To search for your record, you must enter your full name, birth date and social security number or Medicaid ID. If the provider has not recorded your social security number or Medicaid ID in IRIS, it will not find your record. If you cannot access your record on IRIS you may call the Scott County Health Department at 563-326-8618 for assistance in obtaining your record.

**SCOTT COUNTY
HEALTH DEPARTMENT**

Scott County Administrative Center, 4th Floor

600 West 4th Street

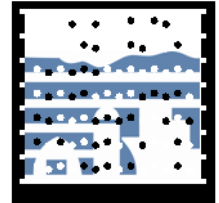
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Phone: 563-326-8618

Fax: 563-326-8774

E-mail: health@scottcountyiowa.com

Web site: www.scottcountyiowa.com/health



MARK YOUR CALENDAR!

- Scott County Board of Health Meeting
Thursday, August 16, 2012; 12:00-1:00 p.m.
*Open to the Public. Location: Scott County
Administrative Center, Board Room-1st Floor*

OUR MISSION:

The Scott County Health Department is committed to promoting, protecting and preserving the health of the community by providing leadership and direction as advocates for the individual, the family, the community and the environment we serve.

OUR VISION:

As recognized and respected leaders in serving and protecting our citizens, we at the Scott County Health Department are committed to a safer, healthier community and environment. In so doing, we provide a multitude of services with Professionalism, Responsiveness, Involvement, Dedication, and Excellence.



If you would like to receive this newsletter electronically, please subscribe to the Public Health Connection at www.scottcountyiowa.com/health/connection or e-mail health@scottcountyiowa.com or call 563-326-8618.



Public Health
Prevent. Promote. Protect.