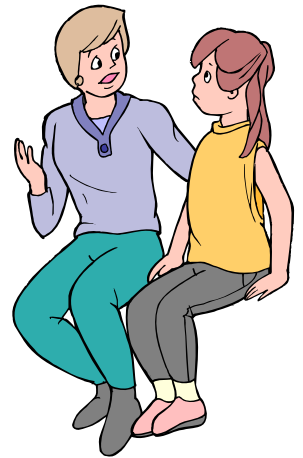


FEBRUARY IS SEXUALLY TRANSMITTED DISEASE (STD) PREVENTION MONTH

"Know What to Say"

Bethany For Children and Families, in collaboration with Edgerton Women's Health Center and the Scott County Health Department, has received a grant to deliver a program called "Know What to Say". This program provides parents and school staff members with informational workshops or trainings designed to help children and students postpone early sexual activity as well as to avoid teen pregnancy and its ramifications. Parents of children in grades 6 through 12, who attend school in Bettendorf, Davenport, North Scott, and Pleasant Valley School Districts, and designated school staff members who are employed by these districts are the target of this program.



The purposes of the program are to:

- Provide parents and school staff members with education on how to communicate with their children and students about sex and its ramifications
- Provide parents and school staff members with tools and techniques on how to effectively listen to their children and students
- Increase parents and school staff members' level of comfort in talking with children and students about sex
- Increase parents and school staff members' likelihood of talking to their children and students about sex

For more information about the program, contact Mary Ann McLeod, Division Director of Community Services, at 309.736.6645 or via e-mail at: mmcleod@bethany-qc.org.

Scott County is Not a Stranger to STDs

STDs do not discriminate. They occur in all spectrums of the population: those young, old, Caucasian, African American, Vietnamese, Hispanic, heterosexual, homosexual, etc. The Scott County Health Department is dedicated to preventing STDs in our community through education, as well as providing testing and treatment of some STDs through our STD clinic.

In 2006, the Scott County Health Department served 2,333 clients at our STD clinic. In Scott County there were 922 reported cases of Chlamydia, 350 cases of Gonorrhea, and 5 cases of Syphilis in 2006.



The Scott County Health Department STD Clinic

The Scott County Health Department offers Scott County residents free, confidential testing and treatment of some STDs to those that qualify. The clinic is located on the 4th floor of the Scott County Administrative Center at 600 West 4th Street in Davenport. Information on the conditions for using the clinic and information about STDs are available on the Scott County Health Department website at www.scottcountyiowa.com/health. The Scott County Health Department also provide free, confidential follow-up of sexual partners for appropriate testing and treatment.



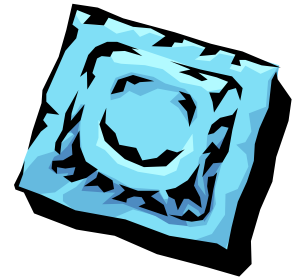
The walk-in STD clinic hours are:

- Tuesday and Thursday: 1:00-4:00 p.m.
- Friday: 8:30-11:00 a.m.

STDs Can Be Prevented!

There are ways to prevent getting STDs. Below are some of the ways to effectively reduce your risk of getting an STD.

- Avoid exposure: no sex
- Have only one sex partner, who only has sex with you
- Use a latex condom consistently and correctly
- Do not use condoms that contain non-oxynol-9
- Be observant—look for signs of STDs on your partner
- Don't mix sex with alcohol or drugs



Common Signs and Symptoms of STDs

More than 25 infections may be passed from one person to another during sexual contact. Many STDs have similar symptoms **or NO symptoms at all**. It is also possible to have more than one STD at the same time. Below are some of the more common signs and symptoms.

- Burning, pain or itching with urination
- Sores, blisters, bumps, rashes or warts
- Discharge for men
- Abnormal discharge for women



If you or your partner have any of these signs or symptoms, it is important to get tested for an STD. For more information on symptoms of specific STDs, visit the Scott County Health Department's website at: www.scottcountyiowa.com/health.

If you would like to receive this newsletter and other Scott County Health Department press releases electronically, please add your name to our e-mail list on our website at: www.scottcountyiowa.com/health.

Resources:

- Bethany For Children and Families: www.bethany-qc.org
- Center for Disease Control and Prevention: www.cdc.gov