



### Live Stronger, Longer! Follow the 3 P's!

- **PREVENT** health problems by practicing healthy living.
- **PROTECT** your health by participating in early detection and screening.
- Develop a **PLAN** to manage your health that will promote a higher quality of life in later years.

### Smoke-Free Dining Opportunities

Tired of being exposed to second-hand smoke while you eat? Visit

<http://www.tobaccofreeqc.org/> for your complete guide to smoke-free dining opportunities in Scott County. This database provides directions to the restaurant, as well as inspection reports.

Please join us in supporting these restaurants!



### Community Assessments

Curious about the health needs of Scott County? Visit

[www.scottcountyiowa.com/health/assessments.html](http://www.scottcountyiowa.com/health/assessments.html) to access Scott County specific data all in one place!



### Temporary Food Service Application



Now you can download, print, complete, and mail in the application for review by the Scott County

Health Department for a temporary food service license valid in Scott County, Iowa only. Visit <http://www.scottcountyiowa.com/health/food.html> to print off your application from the convenience of your home.

### Real Estate Transaction Program



Are you thinking of buying, selling, or refinancing a home? At the request of buyers/sellers, lending institutions, and real estate

agents, the Health Department will provide written reports regarding the condition of existing sewage systems and/or water supplies serving properties involved in real estate transactions and provide inspections and sampling of these systems. The fees are as follows:

Inspection Fee--\$160, Water Sample--\$15. Effective May 1, 2005, this fee will increase to \$17. Download an application at

[http://www.scottcountyiowa.com/health/water\\_realestate.html](http://www.scottcountyiowa.com/health/water_realestate.html)

### Childhood Lead Poisoning & Prevention

What you don't know about lead poisoning can hurt your child.

Visit

<http://www.scottcountyiowa.com/health/lead.html> to learn about the screening clinics and services available through the Scott County Health Department Childhood Lead Poisoning Prevention and Control program, as well as a link to a variety of resources available online.



### Barbeque Basics

As the weather begins to warm up, more and more people begin to cook outdoors on their grills. Visit

[http://www.scottcountyiowa.com/health/food\\_bbq.html](http://www.scottcountyiowa.com/health/food_bbq.html) to discover safe grilling tips.

