

Quality Care For Kids Newsletter

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Supporting nursing mothers at work goes beyond basic compliance, it fosters a workplace culture that values employees' well-being and recognizes the critical role of breastfeeding.

Benefits of workplace lactation support

Health and Well-being

Breastfeeding offers unparalleled health benefits for babies, enhancing their immunity and overall development. For mothers, lactating reduces the risk of health conditions such as cancers (ovarian, breast and thyroid) and promotes postpartum recovery.

Employee Retention and Satisfaction

Providing lactation support demonstrates care and commitment to employees, leading to higher job satisfaction and improved retention rates.

Increased Productivity

When nursing mothers have access to comfortable and designated lactation spaces, they can express breastmilk efficiently and return to work with increased focus and productivity.

Legal Compliance

Complying with lactation support laws not only avoids penalties but also reinforces a company's commitment to ethical practices and family-friendly policies.



Scan the QR code to find your local CCNC or visit online at <https://hhs.iowa.gov/programs/programs-and-services/child-care/hcci>



Supporting Breast Milk Feeding Handout

hhs.iowa.gov/media/2852/download?inline



GoNAPSACC Breastfeeding & Infant Feeding Resources and Self-Assessment (Contact your CCR&R consultant if you don't have an account.)

gonapsacc.org



Breast Milk Feeding Promotion and Support in Child Care I-PoWeR Training

ccmis.dhs.state.ia.us/trainingregistry/TrainingRegistry/Public/

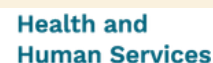


Visit the Iowa HHS website for helpful measles information

hhs.iowa.gov/health-prevention/disease-information/measles



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