

Quality Care For Kids Newsletter

August 2026 | National Immunization Awareness Month

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Children are exposed to thousands of germs every day. This happens through food, air, toys and other objects children put in their mouths. Children are born with immune systems that can fight most germs, but there are some they can't fight off, which can make them very sick. Vaccines teach the immune system how to recognize and fight germs (bacteria and viruses) before an infection can happen. Vaccines help strengthen the immune system and provide protection against diseases.

Diseases do not have age limits. Vaccines are not just for children; adults need protection too and staying up to date is important for staying healthy. Encourage families and staff to talk to their healthcare provider about staying up to date on vaccinations.



Learn more about vaccines on the CDC website
www.cdc.gov/vaccines-children/index.html



Learn more about immunizations and download brochures at
hhs.iowa.gov/health-prevention/vaccines-immunizations



Download FREE-Routine Schedule for Cleaning, Sanitizing, and Disinfecting (2022)
cchp.ucsf.edu/sites/g/files/tkssra18506/files/AppendixK_CFOC_July2022.pdf



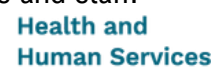
Scan the QR code to find your local CCNC or visit online at
<https://hhs.iowa.gov/programs/programs-and-services/child-care/hcci>

Child care providers help support children from getting sick by:

- Frequently washing hands and by helping children wash their hands.
- Keeping the child care environment clean and sanitary.
- Removing a mouthed toy after a child has played with it and putting it in a "mouthed toys" wash basin for later cleaning/sanitizing.
- Having an infectious disease policy that includes posting a notice of exposure to a communicable disease.
- Providing immunization information and resources to families and staff.



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