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### COVID-19 Resources DHS

<https://dhs.iowa.gov/childcare-covid-19>

### HCCI

<https://www.idph.iowa.gov/hcci/products>

### CCR&R

<https://iowaccrr.org/providers/links/resources2020/>

### CDC

<https://www.cdc.gov/coronavirus/2019-ncov/>

Call your Child Care Nurse Consultant (CCNC) if you have any questions about child health and safety, or any special training needs.



<https://earlychildhood.iowa.gov/>

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# Quality Care For Kids

## A newsletter for Scott County Child Care Providers

Written by **Kim Gonzales MBA, BSN, RN**

APRIL 2022

### April Is National Child Abuse Prevention Month

“It takes a village to raise a child” The well-known phrase that helps us to recognize that yes, it does take many caring and supporting people to raise a child. Anyone who cares for a child also knows that children require a tremendous amount of care, both physically and emotionally, which can be stressful at times. Child abuse and neglect have no boundaries and can happen in any setting where children live, visit, attend child care, school or events. Stress levels have been even higher over the last few years with the pandemic in addition to day to day stressors. With these additional stressors added on to families, some may not have identified “protective factors” to help prevent stressors that can contribute to child abuse and neglect (see infographic below). These critical protective factors that families need help to promote the health and well-being of their children and family. Experts and research has found “**Support for parents is prevention for kids.**” Think about how as an Early Childhood professional you support parents which may help reduce risk factors by:

- \* Being a listening ear for a frazzled parent who turns to you when no one else is available.
- \* Providing child development information during conferences, take home materials, sharing helpful **free** developmental resources such as the CDC’s Learn the Signs. Act Early.
- \* Referring parents to local parenting and other community resources.
- \* Helping to mentor parents when they see you with their child during a “teachable moment”.

During National Child Abuse Prevention month please take time to learn more about how you can help prevent child abuse or neglect by learning more about protective factors. **For more information on protective factors for families go to** <https://www.childwelfare.gov/topics/preventing/promoting/protectfactors/> For Learn the Signs. Act Early. <https://www.cdc.gov/ncbddd/actearly/>



### Iowa DHS Data 2021

Of the total number of abused or neglected children:

- ◆ **5,342 (47%)** were 5 years of age or younger
- ◆ **2,850 (25%)** were between 6-10 years
- ◆ **3,094 (28%)** were older than 11 years

Of all substantiated child abuse or neglect:

- ◆ **55%** was neglect (denial of critical care)
- ◆ **23%** was dangerous substance
- ◆ **9%** was presence of illegal drugs in a child’s body
- ◆ **7%** was physical abuse
- ◆ **4%** was sexual abuse

Source: <https://dhs.iowa.gov/reports/child-abuse-statistics>

**APRIL IS National Child Abuse Prevention Month**

#ThrivingFamilies

Children's Bureau | Child Welfare Information Gateway

**Risk Factors**

- Parental stress
- Substance use
- Poverty

**Protective Factors**

- Parental resilience
- Nurturing and attachment
- Knowledge of parenting and child development
- Concrete support in times of need
- Social connections
- Social-emotional competence of children

All families need help sometimes. Make the commitment this month to learn new ways to strengthen child and family wellbeing.