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Quality Care For Kids

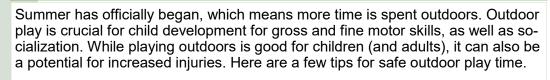
A newsletter for Scott County Child Care Providers

Written by Stacy Kraft, RN BSN

JUNE 2021



Outdoor Safety



Helmets— Head injuries can be prevented with wearing a properly fitted helmet. Helmets should be used for all wheeled equipment, including bicycles, tricycles, and scooters. Helmets do not need to be worn with a wheeled equipment that has a roof.

Water play—For the safety of all children, strict water safety practices should be in place to include: touch supervision—supervising adults should be in arm's length at all times, have lower children to adult ratios, learn/know CPR, have rescue equipment readily accessible, consider using hoses, sprinkles, and small buckets of water in place of pools. Refer to DHS regulations/guidelines for rules and regulations regarding home pools. Wading pools are not recommended due to the drowning risk, as well as being a breeding ground for communicable diseases such as cryptosporidiosis. Cryptosporidiosis is characterized by profuse, watery diarrhea and cramping abdominal pain. Children with diarrhea must be excluded from care.

Sun Safety— Keep infants younger than six months out of direct sunlight. Find shade under a tree, umbrella, or the stroller canopy. Wear a hat or cap with a brim that faces forward to shield the face. Limit sun exposure between 10 AM and 4 PM, when UV rays are strongest. Wear child safe shatter resistant sunglasses with at least 99% UV protection. Apply sunscreen with an SPF of 15 or higher for children 6 months of age and older. Protective clothing should be worn by infants younger than 6 months of age. Parent/guardian written permission is required for over-the-counter sunscreen to be applied while at child care. Sunscreen needs to be applied every two hours. It is recommended that parents/guardians apply the brand of sunscreen at least one time to observe for potential adverse reactions before it is brought to child care.

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The Common Child Illnesses and Exclusion Criteria for Education and Child Care
Settings has been updated and is available on the Healthy Child Care lowa website
under the printed products tab https://www.idph.iowa.gov/hcci
For additional guidance or questions regarding this document, contact your

COVID-19 Resources

local child care nurse consultant.

Iowa Department of Human Services https://dhs.iowa.gov/COVID19
Healthy Child Care Iowa https://www.idph.iowa.gov/hcci/products
Child Care Resource and Referral https://iowaccrr.org/providers/links/resources2020/
Centers for Disease Control https://www.cdc.gov/coronavirus/2019-ncov/index.html



Call your Child Care Nurse Consultant (CCNC) if you have any questions about child health and safety, or any special training needs.



https:// earlychildhood.iowa.gov/

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