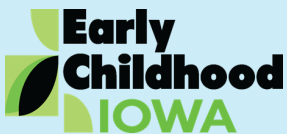


Jessica Redden, RN  
Child Care Nurse Consultant  
Scott County Health Department  
600 W 4th Street  
Davenport, IA 52801  
563-326-8618 Ext. 8821  
jessica.redden@scottcountyiowa.com



Call your Child Care Nurse Consultant (CCNC) if you have any questions about child health and safety, or any special training needs.



[www.earlychildhoodiowa.org](http://www.earlychildhoodiowa.org)

The Child Care Nurse Consultant Program is funded by



# Quality Care For Kids

A newsletter for Scott County  
Child Care Providers

Written by Stacy Kraft, RN BSN

NOVEMBER 2019

## National Diabetes Awareness Month

There are over 30 million people living in the United States that have a diagnosis of diabetes, with 193,000 of them being children under age of 20 with juvenile diabetes, according to the American Diabetes Association. Iowa has also seen an increase in the number of children diagnosed with diabetes. Juvenile diabetes, or type 1 diabetes, can have a rapid onset and is not related to diet or lifestyle. The pancreas is no longer producing insulin to turn blood sugars into energy within the bloodstream. There is no cure and there is no way to prevent it.

What people don't often realize is that the first symptoms to arise are generally increased thirst and urination. This is because the blood sugars are rising and pulling fluid from bodily tissues resulting in increased thirst from the amount of fluid being lost. Children who are potty trained may suddenly have accidents and bed wetting.

Juvenile diabetes takes 24/7 to help manage and regulate blood sugars. It is monitored closely through blood sugar checks and treated with insulin therapy, as well as diet and exercise.

Child care nurse consultants (CCNCs) are able to provide on-site training working with the child's parent and physician to help child care providers who have children in their care that have a diabetes diagnosis. Consultation can include the process of care planning, learning about blood sugar checks, as well as learning to give insulin injections. This is a team approach in helping to care for children with diabetes, as well as other special health needs. You can find the Diabetes Medical Management Plan on the HCCI at: [http://idph.iowa.gov/Portals/1/Files/HCCI/sample\\_diabetes.pdf](http://idph.iowa.gov/Portals/1/Files/HCCI/sample_diabetes.pdf) For more information or assistance with care planning for children with special health needs contact your local CCNC.

### Can you believe Sesame Street turns 50 this year?!

Back in 1969 the first Sesame Street episode aired on public television. Since then, Sesame Street has become a household brand. The brand has conducted several research studies related to early childhood learning, as well as helped to develop early learning curriculums related to social emotional learning skills. You can download free curriculums from their

collaboration with Nemours Kids Health at: <https://classroom.kidshealth.org/classroom/index.jsp?Grade=na&Section=nemtools1>